

## DENTAL WISHES

Elgin Dental Care would like to help.  
Please tick each statement as it applies to you.

	SOON	LATER	NOT REQUIRED							
• I would like to improve the appearance of my smile	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like my teeth to be whiter or brighter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like to do something about my chipped or misshapen teeth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like my grey metal fillings to be tooth coloured	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like my crowns to better match my natural teeth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like to replace the gaps where missing teeth show	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I wish my gums did not bleed when I brush and floss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like to be confident that my breath is fresh	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I want more help to prevent tooth decay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like my teeth to be less sensitive	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I worry that my teeth are worn down and/or keep breaking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I clench or grind my teeth and/or get headaches/migraines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like dentures that look and feel more natural	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• I'd like to be less apprehensive about dental treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
• On a scale of 1 to 10, I believe my current oral health is	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 needs attention - 10 is excellent	1	2	3	4	5	6	7	8	9	10
• On a scale of 1 to 10, I would like my oral health to be	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 healthy - 10 excellent	1	2	3	4	5	6	7	8	9	10

Name :

## WISH LIST SOLUTIONS

**Discoloured or dark teeth** - A brighter, white smile can be simply and safely achieved using our professional teeth whitening treatments – you'll be amazed by the results!

**Grey metal fillings** – These can easily be replaced with attractive tooth coloured fillings, inlays and onlays.

**Chipped, misshapen or unattractive teeth** – This can be disguised to blend in with your other teeth using porcelain veneers or composite bonding or orthodontic treatment.

**Damaged, worn and weak teeth** – Heavily filled or broken teeth can be made strong again with longer lasting and better looking crowns.

**Missing teeth** – Gaps can be replaced with fixed, natural looking dental implants or bridges, eliminating the need to wear a denture.

**Uncomfortable or unrealistic dentures** – If your dentures are fooling no-one, quality materials and techniques can provide you with new teeth that look and feel more natural.

**Bleeding gums, bad breath, stained teeth** - Preventive care with effective daily home care routines and regular hygienist visits can put an end to dental worries and maintain a healthy fresh confident smile.

**Teeth protection during sports** – We can provide comfortable well-fitting mouth guards to protect your teeth or those of your children from accidental damage whilst playing sports.

**Teeth grinding and jaw clenching** – More common than people usually realise, these habits may lead to regular headaches, migraines, and other pains as well as teeth damage. Customised splints can be made to cover and protect your teeth.

**Sensitive teeth** – Teeth can be sensitive to cold or heat. We would like to help you find out why so we can prevent further sensitivity.

**Dental anxiety** – Gentle modern care and a sympathetic approach will help you to overcome your worries and be able to smile with confidence. For those who need an extra helping hand, we can offer sedation therapies.